



Transformational  
Practice and Partnerships  
*Annual Report 2016*

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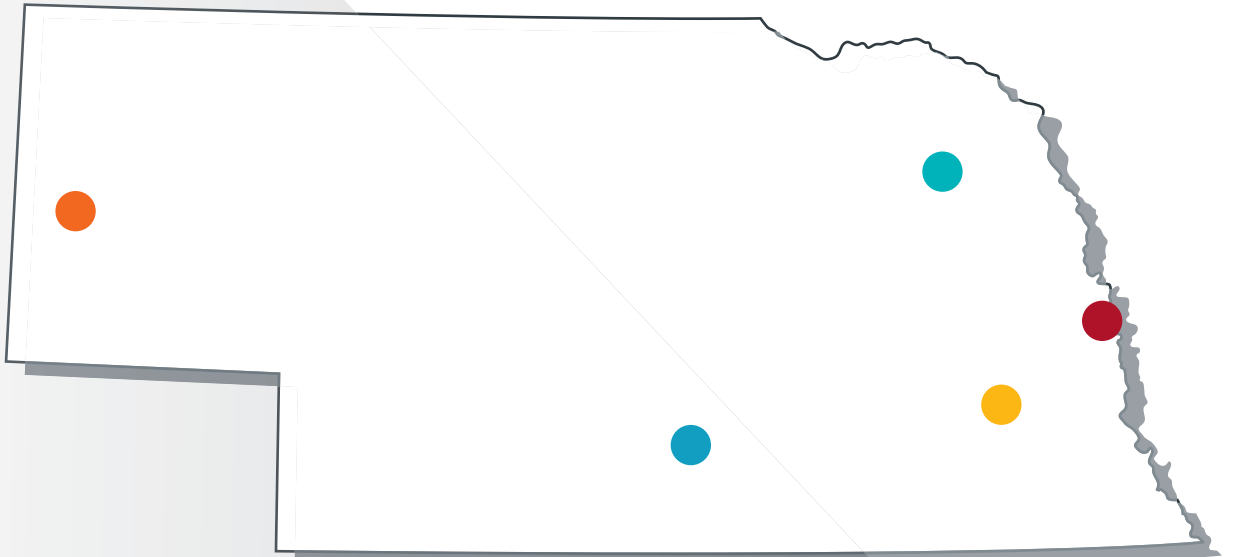
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## Credits

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# Transformational Practice and Partnerships

The office of Transformational Practice and Partnerships, began in 2014 to bring together the collaborative efforts of the College of Nursing and enhance the college's ongoing mission to transform nursing practice.

Building on the missions of the University of Nebraska Medical Center and the College of Nursing, the mission of the office of Transformational Practice and Partnerships is *to improve the health of individuals, families, and communities using interprofessional teams which provide sustainable solutions through innovative, nurse-led community partnerships.*

Our work supports the improvement of health through direct patient care, quality professional development initiatives, and collaboration with partners across the state, region, and world.

The Office of Transformational Practice and Partnerships focuses on supporting transformation within the College and with our community partners. Partnerships with external agencies support growth in their service area. Within the College of Nursing, we focus not only on growing revenue but also building a strong program of evaluation and scholarship documenting the impact of our faculty initiatives on students, patients, and business partners.



*Kate Fiandt, PhD, APRN-NP, FAANP, FAAN, Professor & Associate Dean for Transformational Practice and Partnerships*

Dr. Fiandt has been a family nurse practitioner since 1976. She has been active in the nursing center movement since 1990, serving as the clinical director of three nurse-managed health centers. Dr. Fiandt's clinical expertise and scholarship is in the management of patients with chronic health problems confounded by social, economic and psychological problems. She is an advocate for an enhanced primary care model "intensive primary care" advocating for adding nursing and inter-professional team-based care to address social determinants to traditional medical management of patients' medical conditions. In her current position, she is working to develop opportunities to implement a variety of nurse-led interventions for high-need, high-cost patients using College of Nursing expertise. Dr. Fiandt is a Fellow of both the American Academy of Nurse Practitioner and the American Academy of Nursing.

## Guiding Principles

- All team members are supported to practice their profession at the top of their scope and are encouraged to develop personally and professionally.
- We monitor outcomes with an emphasis on high quality and cost effective services while maintaining high client satisfaction.
- We operate within a business model that supports long-term sustainability.
- Our work supports the UNMC and College of Nursing education and research missions by welcoming students into our teams and creating opportunities for scholarship within all programs.

# Continuing Nursing Education



*Catherine A Bevil, EdD, RN  
Professor & Director of Continuing  
Nursing Education*

Dr. Bevil joined the faculty at the UNMC College of Nursing in 1998. She serves as the College's Director of Continuing Nursing Education. In addition, she teaches a course for master's and doctoral students (Designing and Evaluating Learner-Centered Curricula), which employs a variety of innovative learning technologies as course delivery strategies. In 2011, she was selected as an on-site evaluator by the Commission on Collegiate Nursing Education. She has also served as project evaluator on numerous College of Nursing education grants funded by the Health Resources and Services Administration (HRSA), and is currently project evaluator on three grants, all intended to expand graduate nursing education to rural areas through the use of innovative distance technology. As Director of Continuing Nursing Education, Dr. Bevil manages a staff of eight, who together provide approximately 200 accredited continuing education programs annually. Since 2009, she and her staff have been involved in the development and implementation of the Robert Wood Johnson Foundation PIN project to provide continuing education to gerontological nurses working in long term care.

## Accredited Provider

Continuing Nursing Education's (CNE) national reputation for excellence and its formal designation as an ANCC Provider with distinction reflect the missions of UNMC and the College of Nursing to provide educational programs of the highest quality. As CNE provides programs throughout the state and the nation that reach thousands of nurses every year, these positive qualities support and enhance UNMC's reputation as a world class institution and efforts to extend itself beyond the campuses and state to reach the broadest possible audience.

CNE makes invaluable and unique contributions through its no-charge (in-kind) work to provide accredited educational activities that target the particular learning needs of UNMC's nursing faculty, as well as clinical audiences. Over the past year, CNE provided 31 accredited activities at no charge to the College of Nursing, UNMC, and larger community, comprising 13% of all activities.

## Educational Activities

In this fiscal year, Continuing Nursing Education provided 236 accredited educational activities. Of these, 171 were offered using web-based formats and the remaining 65 were offered using traditional, real-time delivery methods. More than 13,000 learners received certificates of completion from these programs. This year, CNE partnered with professional associations,

medical education companies, and numerous other health-related entities to plan and deliver more than 90% of CNE's accredited educational activities. These partnerships, supported primarily through external educational grant funding, allow a sharing of talent, education and clinical resources, while facilitating the cost-effective production of high-quality accredited activities. Educational grant funding, acquired to support activities with an external partner, is the primary source of revenue for CNE; registration fees from audience members account for less than 1% of CNE revenues.

## Evaluation Activities

CNE uses regular and systematic evaluation methods to assess the outcomes and impact of every educational activity, monitor their costs, and implement quality improvements when indicated. Over the past year, the CNE team used its own web-based outcomes evaluation system to collect long-term outcomes and impact data of programs offered. The outcomes data collected months after accredited activities are completed demonstrate registered nurses are making clinical practice changes as a result of participation in the College's accredited activities and are seeing improvements in patient outcomes. These data also assist CNE to identify potential gaps in clinical practice that can be addressed through new continuing education activities.

## Guiding Principles:

- We collaborate with health care and education professionals to develop continuing education offerings of the highest quality to nurses across the state, region, and world.
- Our focus is providing quality education opportunities through innovative approaches to support nurses in an evolving healthcare environment.



*CNE Team (from left)  
Robert Schmida, Maninder Hora,  
Valeta Creason-Wahl,  
Anjella Wittman, Catherine Bevil,  
Heidi Keeler, Taha Kapadia &  
Timothy Gilbert  
(not pictured: Daniel Jensen)*

## CNE Team

This fiscal year marks the end of Dr. Catherine Bevil's tenure as Director of Continuing Nursing Education at the College of Nursing. During her 18 years as Director, CNE has grown from providing about 10 activities per year out of an office funded by the College's budget and staffed by the CNE Director and a part time staff person to providing over 200 activities per year out of an office that is self-supported and staffed by two faculty and seven staff members. Dr. Heidi Keeler has been appointed Interim Director of CNE effective July 1, 2016.

Each CNE team member brings a unique skill set to the CNE mission: to plan, provide, and evaluate accredited educational activities for registered nurses across the state and the nation. Supporting the clinical and educational expertise of the team's two nursing faculty, team members provide expertise in project management, meeting planning, business and accounting, marketing, web development and design, online educational product

development, and computer coding. The CNE team emphasizes mutual respect, collaboration, flexibility, and recognition of one another's areas of strength, which facilitates production of numerous high quality educational activities annually.

## Promoting Sustainability

CNE functions similar to a non-profit agency within the College of Nursing and has been self-supporting for more than a decade. CNE does not receive direct subsidies from the State of Nebraska, UNMC, or College of Nursing. CNE uses revenues from accreditation work and contracted services with parties outside UNMC to wholly support personnel and operating expenses. Additionally, CNE develops and provides accredited educational activities at no charge for the College of Nursing faculty, UNMC faculty, and selected professional groups in the regional community.

## Selected Partners in 2016:

### INTERNAL

- Behavioral Health Education Center of Nebraska (BHECN)
- Olson Center for Women's Health
- UNMC Faculty Development Committee (EDI)
- UNMC Center for Continuing Education (CCE)
- UNMC College of Public Health
- UNMC Chancellor's statewide initiative on managing student stress

### EXTERNAL

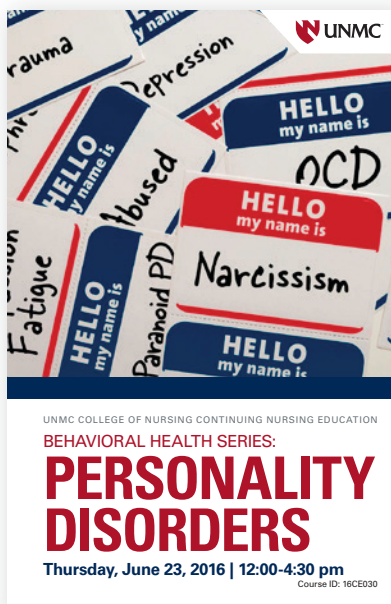
- Crohn's and Colitis Foundation of America (CCFA)
- Indiana Hemophilia and Thrombosis Center (IHTC)
- National Hemophilia Foundation (NHF)
- Hemophilia Foundation of Michigan (HFM)
- COPD Association
- American Academy of Pain Management (AAPM)
- Nebraska Action Coalition (NAC)
- Practicing Clinicians Exchange (PCE)
- Practice Point Communications
- Imedex
- Lymphoma Research Foundation
- Enhance Health Network
- Nebraska Department of Health and Human Services



## UNMC Wellbeing Symposium

At the invitation of the College of Nursing Dean, CNE took the lead in planning a statewide symposium, entitled Under Pressure: Managing Stress, sponsored by UNMC Chancellor Gold in January 2016. The purpose of this event was to address the issue of student stress from a variety of perspectives. The symposium consisted of presentations on managing stress for UNMC students on all campuses, including an accredited activity for nurses and physicians that featured four national experts in stress management and individualized consultations during which a national expert met with small constituencies within UNMC,

such as student services staff, associate deans, residency directors, and others to address specific concerns. To reach the greatest possible audience, events were delivered using distance technology to sites around Nebraska. More than 250 students, faculty, and staff attended one or more components of the symposium and provided strong positive feedback on the overall quality of the event. The planning committee is finalizing a report of recommendations and next steps that will be forwarded to the Chancellor in the near future.



## Nursing Fund for Excellence

In 2016, CNE completed the sixth year of providing accredited educational activities in Norfolk, Nebraska, receiving financial support from the Nursing Fund for Excellence. This fund was established by health care employers in the northeast part of the state to improve nursing care in that region. In 2016, two programs were held on the topic of behavioral health, which is an area of pressing need identified by the region's providers. Together with two programs provided the previous year, these behavioral health programs were planned and packaged as a special series and attracted an audience of nearly 600 people.

## AHCA/NCAL Gero Nurse Prep

Gero Nurse Prep (GNP) is a 30-contact-hour online course designed to prepare registered nurses working in long term care (LTC) to successfully complete the American Nurses Credentialing Center (ANCC) board certification exam in Gerontological Nursing. CNE partners with the American Health Care Association (AHCA) which markets the course to its membership — particularly LTC administrators. This course features gerontological content that has been developed and is presented by the College of Nursing’s faculty experts.

Total sales in GNP since its launch in 2011 passed the 1000 participant mark this year. Reflecting the overall satisfaction of LTC administrators with this course, 49% of course registrations sold this year were repeat customers of agencies who had enrolled registered nurses in GNP in the past. Graduates have a 97% pass rate on the ANCC Gerontological Nursing board certification exam, in contrast to the pass rate of 78.5% for all those who took the test last year (according to data published by ANCC). GNP graduates currently comprise 3.8% of all U.S. nurses certified in gerontology.



AHCA/NCAL  
**Gero Nurse Prep**  
Online Training to Become Board  
Certified in Gerontological Nursing



**PROVEN  
SUCCESS**  
with a 96%  
Pass Rate

AHCA. NCAL.  
AMERICAN HEALTH CARE ASSOCIATION. NATIONAL CENTER FOR ASSISTED LIVING.

geronurseprep.org

## New Opportunities for 2016-2017

The CNE team has identified the following as its top three priorities for the upcoming year:

- Develop an integrated online system to track processes and aggregate outcomes of educational activities;
- Cultivate new partnerships, both within UNMC and beyond to help grow the reach of CNE’s accredited activities;
- Produce scholarly contributions that will result in innovative and impactful educational experiences for nurses.

The CNE team is well positioned to address these opportunities, while also maintaining a healthy financial picture, as they have in the past. CNE’s strength and diversity of partnerships outside UNMC, the talent on the CNE team, and the contributions made to the missions of the UNMC and College of Nursing will ensure success in these goals.

# International Programs



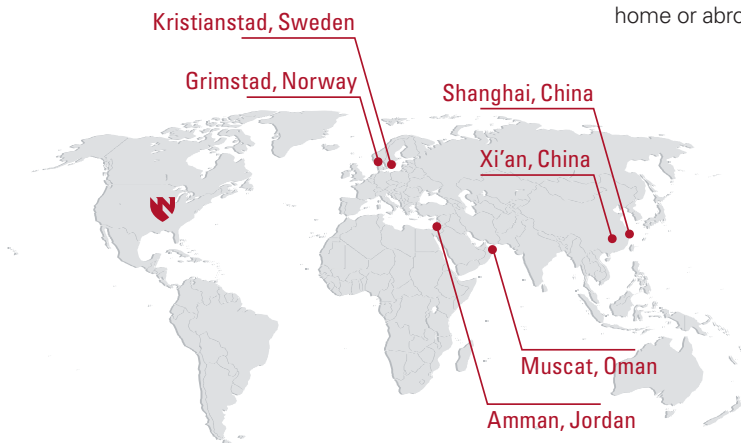
Sheila A. Ryan, PhD, RN, FAAN  
Professor, Charlotte Peck Lienemann  
and Alumni Distinguished Chair &  
Director of International Programs

Dr. Ryan has been a nursing dean for twenty-two years at two universities and has board service with IHI, AIHA, IBHI, and RWJ/IOM committees. Her expertise includes health reform, safety & improvement, internet-based education and international partnerships. Dr. Ryan is a member of the Institute of Medicine and a fellow in the American Academy of Nursing.

The College of Nursing is committed to providing premier nursing education programs for all students, which includes the integration of international practice and research throughout the nursing curriculum. International Programs assist students, faculty, and visiting scholars to develop professionally through international experiences.

Students are encouraged to experience another culture and health care system by participating in international experiences through exchange or interdisciplinary programs. These opportunities provide a glimpse into another culture's health system and expand the understanding of being a global citizen. Participating students gain an appreciation for other cultures to better serve and understand different populations at home and abroad. The UNMC College of Nursing encourages students to engage in international exchange programs, where students will:

- Engage in another culture to compare our different country's health care systems and similarities and/or differences in nursing practice and educational preparation.
- Expand the understanding of being a global citizen by experiencing another country's health care and education system.
- Gain an appreciation for populations other than the majority, to better serve and understand different populations at home or abroad.



## Guiding Principles

- We are committed to utilizing international experiences to understand differing perspectives, traditions, politics, and cultures, especially as they impact health behavior and health systems.
- We create and support international partnerships for dialogue and collaboration to promote professional standards, improve the stature of nursing, and prepare nurse leaders for emerging global health care roles and challenges.

## Accomplishments in 2016

- UNMC students abroad: 18
- Current exchange sites: 6 universities in 4 countries (China, Jordan, Norway, and Sweden)
  - New exchange sites: Al-Zaytoonah University (Amman, Jordan) & Sultan Qaboos University (Muscat, Oman)
- Visitors to UNMC: 10 (Shanghai, China)
- Visiting scholar from Xi'an Jiaotong University (Xi'an, China)

## Interdisciplinary Opportunities

For the last several years, nursing students joined medical and public health students in trips to Central America to assist in clinics and public health work. The opportunities for interdisciplinary collaboration and understanding each other's professions is amplified in these new surroundings.



“It was so nice to have the confidence here to bounce ideas around with other students from the various disciplines and come to conclusions together. It will definitely increase my confidence to speak up in the future. This trip really helped me see that I am starting to get the big picture, I can put things together and have an idea what needs to be done to help the patient... I am so grateful I was able to have this experience. I learned so much from everyone I was able to work with, both Nicaraguan and American. I really learned how to utilize other team members and how we can work together to provide the patient with the best care possible.”

— Tessa Gill, BSN student 2015

*Top Right: Rachid Belquass, BSN student  
Mosque at Cave of the Seven Sleepers, Amman, Jordan*

*Middle Right: Visitors from Shanghai Jiao Tong University*

*Bottom Right: Visitors from Tongji University*



# Morehead Center for Nursing Practice



Linda Sather, EdD, RN  
Assistant Professor & Director,  
Morehead Center for Nursing Practice

Dr. Sather's areas of concentration are community and public health nursing and leadership. She practiced community health nursing for 18 years, 13 of which was as the Director of Home and Community Health Nursing agencies in Omaha. Linda has been an Assistant Professor with the UNMC College of Nursing for the past 20 years and also served as the Director of the Senior Health Promotion Center, Lincoln, NE. (1999 – 2006); Director of the Cosmopolitan-UNMC-CON Mobile Nursing Center (2006 – December, 2010) and was the Interim Director (2010 – 2015) and the Director (2015 – 2016) of the Morehead Center for Nursing Practice. Dr. Sather secured grant funding exceeding \$716,000 for health promotion screening, teaching and referral services to vulnerable populations throughout the State of Nebraska during her 20 years at UNMC.

## Guiding Principles

- Our practice teams are designed to build capacity for maintaining health and managing health problems of individuals, families, communities, and systems.
- Our clinical focus is on population groups who are at high risk for poor health outcomes, with special attention to children, people with limited access to health care, and community dwelling elders.

## Facts and Figures

### July 2015 – June 2016

- Faculty devoted over 6,500 hours to faculty practice
- \$400,000 collected from practice activities (FY15: \$191,000)
- 16 contracted agencies (FY15: 12)
- 17 faculty in practice (FY15: 13)

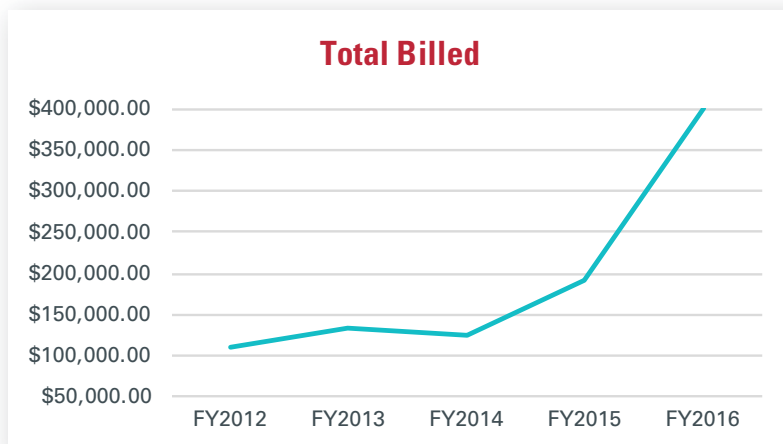
### New partner agencies

- Charles Drew Health Center
- Premier Psychiatric Group
- Regional West Physicians Clinic
- Veteran's Administration - Omaha

## Evaluation

In 2015, the Morehead Center for Nursing Practice partnered with the Director of Evaluation for the College of Nursing and Evaluation Task Force to develop a plan to evaluate faculty practice and assist in faculty evaluation processes. The team

developed tools to measure faculty practice efficacy with various agencies and a plan to implement and improve evaluation activities in the current academic year and beyond. The Practice Evaluation Plan focuses not only on evaluating the impact of practice on the education, research and services missions, but also includes looking at the impact of faculty practice on satisfaction with care, clinical outcomes and cost effectiveness.



## Practice and Academics: Senior Health Promotion Center

“Students treat clients with kindness and compassion and are able to listen to life stories and relieve loneliness.”

– Rita Antonson, MSN, APRN-NP

The College of Nursing holds a unique partnership with the city of Lincoln’s aging agency, Aging Partners, at the Senior Health Promotion Center (SHPC). In two Lincoln locations, undergraduate nursing students work with Aging Partners’ patrons to take a medical and functional history, then provide nursing services including foot care, cerumen removal, blood pressure check, blood sugar and cholesterol screening, osteoporosis screening, and medication review. The SHPC serves ages 60 and older, with approximately 35% of clients over 85 and a majority with one or more chronic disease, such as hypertension, cardiovascular disease, osteoarthritis, diabetes, hearing impairment, and vision impairment.

The SHPC is a place where older adults with limited resources can be greeted with a smile, treated with dignity, and ask questions about their health and monitor health concerns at no cost. Clients with diabetes, peripheral vascular disease, low vision or low mobility benefit greatly from the most requested service, nursing foot care. This care includes a comprehensive assessment of the lower extremity (vascular, structural, and neurologic), nail and skin care, massage, and patient education. Foot care focuses on the prevention of developing foot problems and lower extremity amputation. While doing foot care, students treat clients with kindness and compassion and are able to listen to life stories and relieve loneliness. Although the students agree foot care is not glamorous, it is an essential learning opportunity to connect with clients to gather a complete history, including emotional concerns. Students discuss and marvel at the resilience these older adults have after facing the losses of aging.

Rita Antonson, MSN, APRN-NP, an instructor at the College of Nursing Lincoln campus, has overseen operation of the Senior Health Promotion site for over a decade, with assistance from many other instructors and faculty members and following founding partner Linda Sather, EdD, RN. Rita finds introducing nursing students to older adult care especially rewarding:



*“I can be a mentor and role model to student nurses to treat older adults with dignity, respect, kindness and compassion. There are so many valuable opportunities to provide care, teach and learn from older adults. They have multiple chronic diseases, normal aging changes and physical challenges. Many of them are lonely and isolated. They have survived many losses in their lives and still must carry on. At the Senior Health Promotion Center we have time to spend with the clients, doing assessment, learning about how they cope with disease, aging and loss.”*

Several clients have received life-changing care at the Senior Health Promotion Center:

- A 68 year-old client came for foot care and reported “a painful big toe due to an ingrown toenail.” The student’s comprehensive assessment revealed severe arterial insufficiency. She was immediately referred to her physician, where vascular testing revealed an arterial occlusion. Only twenty percent arterial blood flow remained, and she underwent urgent vascular surgery.
- A client came in for blood pressure screening and reported that he “didn’t feel good.” A history and assessment by a student revealed an irregular heart rate and rhythm with bradycardia and hypotension. He was immediately referred to his physician and hospitalized for new onset of atrial fibrillation.
- Several clients have had syncopal episodes while at the SHPC and 911 was called. If not receiving care from nursing students, these clients may have been alone at home during their episodes.

With the success of the downtown Lincoln location, Aging Partners and the College of Nursing opened a second location in east Lincoln in August 2015. The new site has grown to see a record number of patients in the first year. The partners are in planning stages for additional opportunities to collaboratively serve the aging population in Lincoln in the future.

## Practice and Academics: Salem Village

“Although most of the residents have many chronic care issues, the focus of the students is to assist the older adult to maintain their highest level of functioning for as long as they can to avoid the need for assisted living or long term care.” – Linda Sather, EdD, RN

The College of Nursing works with the Salem Village complex in North Omaha, a part of Neighborworks, to provide health promotion services to an elderly, African American, low income population and a clinical learning environment for nursing students. These services assess health issues that could affect functioning, and issues are addressed so older adults can remain independent in their own apartments for as long as possible. Health promotion screening activities for the older adults occur three times per year and include:

- Vital signs to check for abnormalities, including blood pressure, height, weight, body mass index, pulse, respirations and oxygen saturation

- Assessments to ensure safety and security in their homes, including:
  - *Get Up and Go*
  - *Falls Efficacy Scale* to assess risk for falling
  - *Sleep Quality Index* to assess quality of sleep
  - Mini-nutrition assessment for risk of malnutrition
  - Pain
  - Foot sensation
  - *Life Style Profile II* to assess present way of life or personal habits

Results are recorded on a document for the older adult to take and share with their primary care provider and families.

Then, follow-up sessions are scheduled to initiate self-management support for behavior change as needed.

The nursing interventions are based on best practices in health promotion with older adults and assist them to be independently functional for a longer period of time. These activities provide an opportunity to improve their quality of life and well-being, while students have the opportunity to practice nursing outside of an institutional setting. The older adults have greatly enjoyed the opportunity for generativity as they assist with student learning.





## Practice Profile: All Care Health Center

“It is truly wonderful when I get an opportunity to promote health in a meaningful way, and when I am able to make a connection with an individual and/or their family.”

– Kelly Gonzales, PhD, APRN-NP, FNP-C

UNMC College of Nursing is proud to partner with All Care Health Center’s (ACHC) excellent providers and staff who are truly dedicated to their mission to provide affordable, comprehensive, high quality health care to the entire community. ACHC is built to provide a one-stop shop for their patient’s healthcare needs as a Federally Qualified Health Center. Three College of Nursing faculty practitioners help improve the health and lives of the Council Bluffs and Western Iowa communities alongside the ACHC providers by providing lifespan and multi-specialty care. College faculty currently participate in primary care, women’s health,

psychiatric nurse practitioner behavioral health care, and health promotion and preventative care.

The providers build long-term relationships to provide care and connections with patients, making positive changes in their health and lifestyle. Kelly Gonzales, APRN, notes “I have patients who have referred their family and friends to me, which I love. I feel like this is a testament to the quality of care that the patient receives and that I am part of providing. I have several families where I am truly treating the entire family.”

### 3 faculty members in practice

- Lyndsay Dean, MSN, APRN-NP, *Instructor*
- Amy Ford, DNP, APRN-NP, WHNP-BC, *Assistant Professor*
- Kelly Gonzales, PhD, APRN-NP, FNP-C, *Assistant Professor*

### Agency facts

- Federally Qualified Health Center
- 16,000+ patient encounters annually
- Services offered: medical, dental, behavioral health, pharmacy, lab, social work, imaging
- Satellite clinics: New Visions Homeless Services and Carter Lake Elementary
- Patient payor source: 30% Uninsured, 39% Medicaid, 8% Medicare



## Practice Profile: Charles Drew Health Center

A new partnership in Spring 2016 with Charles Drew Health Center has allowed several UNMC nurse practitioner faculty members to practice in the high-rise towers operated by Omaha Housing Authority.

As a Federally Qualified Health Center, Charles Drew has a mission to serve the Omaha community and reach out to where their patients live. The clinics in the tower properties have allowed them to do this with dedicated clinic space and office hours to serve residents and community members, while partnering with the College of Nursing to provide patient care.

### 3 faculty members in practice

- Heather Cook-Mikkelsen, MSN, APRN-NP, *Instructor*
- Kathryn Fiantd, PhD, APRN-NP, FAANP, FAAN, *Professor & Associate Dean for Transformational Practice and Partnerships*
- Sandi Leaders, MSN, APRN-NP, *Instructor*

## Practice Profile: Franklin County Memorial Hospital and Rural Health Clinics

The College of Nursing Kearney campus and Franklin Community Memorial Hospital and Rural Health Clinics (FCMH) have a unique partnership with an emphasis on rural primary healthcare. FCMH, located in Franklin, Nebraska, is a critical access hospital with four federally-funded rural health clinics (RHC) in the surrounding communities. College of Nursing instructor Steph Burge, APRN, is the primary medical provider for the RHC in the Village of Hildreth (population 300), located 27 miles south of Kearney, and is part of a larger medical team serving the Campbell and Franklin clinics. Steph provides advanced practice nursing services with an emphasis in rural primary health care in the RHCs, caring for all ages in south central rural Nebraska who often are associated with the agriculture industry. Patients live many miles from urban areas, and their families have been in the community for generations. “Words like *strong, enduring, independent, and hardy*

come to mind when I describe the people of the area,” says Steph.

The work performed in these RHCs is critical to the health and well-being of the entire community. Individuals will not receive care unless they have access to resources, and RHCs create access to health care and provide coordination of services for those with chronic illnesses at all levels of care. “Often, these communities seek to be in authentic relationships with their health care providers, desiring to know they can count on their presence and investment in the community. I am connected to the people I work with on a daily basis including our patients, professional staff, and communities of central Nebraska. The APRN role in rural Nebraska is critical for the survival of a small-town agricultural lifestyle. I am never bored in this role, there are always challenges and opportunity to make life better.”



Steph Burge, MSN, APRN-NP

“I come from rural Nebraska. I understand the culture, work ethic, and devotion that exists for an agricultural-based lifestyle. There is passion and drive for farming that often mirrors my own passion and drive for the practice of nursing. I get it when my clients say ‘*Steph, there’s nothing more important than planting, irrigating, or harvesting.*’ That is not an easy concept for someone outside of the culture to understand. Being able to do the work, is often perceived as more important than personal health and well-being. APRN’s, by our nature, challenge the notion of neglecting self-care and well-being, striving for opportunity to help people value, understand, and take ownership of their health.”

– Steph Burge, MSN, APRN-NP

## Contact Us

### **Transformational Practice and Partnerships**

University of Nebraska Medical Center College of Nursing

[unmc.edu/nursing/partnerships/](http://unmc.edu/nursing/partnerships/)

#### **Office location:**

5<sup>th</sup> floor, College of Nursing  
4111 Dewey Avenue, Omaha, NE

#### **Mail to:**

985330 Nebraska Medical Center  
Omaha, NE 68198-5330

**Dr. Kate Fiandt, Associate Dean**

[kfiandt@unmc.edu](mailto:kfiandt@unmc.edu) | 402-559-2238

**Rick Helms, MSW, Administrator**

[rick.helms@unmc.edu](mailto:rick.helms@unmc.edu) | 402-559-7925

**Ana Lara-Ramirez, Office Associate**

[alararam@unmc.edu](mailto:alararam@unmc.edu) | 402-559-6517

### **Continuing Nursing Education**

**Dr. Heidi Keeler, Interim Director and Nurse Planner**

[hkeeler@unmc.edu](mailto:hkeeler@unmc.edu) | 402-559-4524

### **International Programs**

**Dr. Sheila Ryan, Director**

[saryan@unmc.edu](mailto:saryan@unmc.edu) | 402-559-6376

### **Morehead Center for Nursing Practice**

**Dr. Linda Sather, Director**

[lsather@unmc.edu](mailto:lsather@unmc.edu) | 402-559-6616